

# Winter Challenge 2020



## Get Crafty!

Make a kindness jar. Take turns coming up with random acts of kindness that you would like to complete as a family. Find out how here: <https://tinyurl.com/yyh8e844>

## Get Writing!

Write a letter to someone you haven't seen for a while and tell them what activities you have taken part in with Children's University.

## Get Baking!

Bake these festive Gingerbread people to share with your family!  
<https://tinyurl.com/yca1rppf>

## Get exploring!

Explore nature with a winter scavenger hunt. Find out more here:  
<https://tinyurl.com/y5bqrh7r>

## Get researching!

Research another country's winter traditions and write a fact sheet! Present these facts to your family and help them learn something new!

## Relax!

Learn how to *Settle the snow storm* with these simple mindfulness exercises  
<https://tinyurl.com/y54p9247>

## Science!

Make your own indoor snow with two ingredients!  
<https://tinyurl.com/y7oamr9w>



Collect extra Children's University credits during your winter break by completing this challenge sheet. Each activity is worth 1 credit when you take evidence of your activity to your school Children's University Coordinator. This could be a photograph, video, or writing about what you did!

All activities require adult supervision. The supervising adult is expected to manage all activity risk.

The snow experiment uses household items and safety information can be found on the back of packaging.

